

# estrelabet

[Go to Login and Password](#) on the left side menu. Click on [Fix a Login Problem](#). On the page, click on [Recover Your Account If You Can't Access the Email or Mobile Number on the Account](#). Follow the prompts based on your individual circumstance.

[How to Recover Your Facebook Password without Email and Phone ...](#)

[tinyemail : blog : how-to-recover-your-facebook-password-wit...](#)

[estrelabet](#)

## 4.

[1](#)

For general support, use [support@fb](#).

[2](#)

If you have press-related inquiries, send them to [press@fb](#).

[3](#)

Use [records@fb](#) for law enforcement concerns.

[4](#)

To appeal against blocked content, use [appeals@fb](#).

[5](#)

Report content that violates Facebook's guidelines via [abuse@fb](#).